



Revolution Foods
October 2009 Lunch

M	T	W	T	F
<p><u>Sep 28</u> Spaghetti w/ Meatballs & Cheese Linguini Alfredo Dairy Free Spaghetti Beef Taco Turkey & Cheese Sandwich Chicken Caesar Salad</p>	<p><u>Sep 29</u> BBQ Chicken Sandwich Vegetarian BBQ Riblettes Baked Ziti Pasta Turkey & Cheese Sandwich Southwest Chicken Salad</p>	<p><u>Sep 30</u> All Natural Chicken Hot Dog Macaroni & Cheese Herb Roasted Chicken Turkey & Cheese Sandwich Chicken Caesar Salad</p>	<p><u>Oct 1</u> Sloppy Joe Mac N Cheese Cheese Tortellini Turkey & Cheese Sandwich Southwest Chicken Salad</p>	<p><u>Oct 2</u> Smothered Chicken Burrito Bean, Cheese, Rice Burrito Beef, Bean, Rice Burrito Cheese Pizza Turkey & Cheese Sandwich Sesame Chicken Salad</p>
<p><u>Oct 5</u> Cheeseburger Veggie Burger Hamburger Baked Ziti Pasta Turkey & Cheese Sandwich Chicken Caesar Salad</p>	<p><u>Oct 6</u> Chicken Quesadilla Bean & Cheese Quesadilla Dairy-free Beef Taco BBQ Chicken Sandwich Turkey & Cheese Sandwich Southwest Chicken Salad</p>	<p><u>Oct 7</u> Chicken Enchilada Cheese Tortellini Pasta Beef Marinara Turkey & Cheese Sandwich Chicken Caesar Salad</p>	<p><u>Oct 8</u> Breakfast Sandwich Vegetarian Breakfast Sandwich Dairy-free Breakfast Sandwich Cheese Pizza Turkey & Cheese Sandwich Southwest Chicken Salad</p>	<p><u>Oct 9</u> Chicken Tamale Cheese Tamale Honey Glazed Chicken w/ potatoes Turkey & Cheese Sandwich Sesame Chicken Salad</p>
<p><u>Oct 12</u> Spaghetti w/ meatballs & cheese Pasta Alfredo Dairy-free Spaghetti & Meatball Cheese Burger Turkey & Cheese Sandwich Chicken Caesar Salad</p>	<p><u>Oct 13</u> Chicken Enchilada Cheese Enchilada Dairy-free Beef Taco Chicken Teriyaki Turkey & Cheese Sandwich Southwest Chicken Salad</p>	<p><u>Oct 14</u> Sloppy Joe Vegetarian Riblettes w/ Yams Breakfast Sandwich Turkey & Cheese Sandwich Chicken Caesar Salad</p>	<p><u>Oct 15</u> Hot Dog Mac N Cheese Cheese Tortellini Turkey & Cheese Sandwich Southwest Chicken Salad</p>	<p><u>Oct 16</u> Smothered Chicken Burrito Bean, Cheese, Rice Burrito Beef, Bean, Rice Burrito Cheese Pizza Turkey & Cheese Sandwich Sesame Chicken Salad</p>
<p><u>Oct 19</u> Cheeseburger Veggie Burger Hamburger Baked Ziti Pasta Turkey & Cheese Sandwich Chicken Caesar Salad</p>	<p><u>Oct 20</u> Chicken Quesadilla Bean & Cheese Quesadilla Dairy-free Beef Taco BBQ Chicken Sandwich Turkey & Cheese Sandwich Southwest Chicken Salad</p>	<p><u>Oct 21</u> Chicken Enchilada Cheese Tortellini Pasta Beef Marinara Turkey & Cheese Sandwich Chicken Caesar Salad</p>	<p><u>Oct 22</u> Breakfast Sandwich Vegetarian Breakfast Sandwich Dairy-free Breakfast Sandwich Cheese Pizza Turkey & Cheese Sandwich Southwest Chicken Salad</p>	<p><u>Oct 23</u> Chicken Tamale Cheese Tamale Honey Glazed Chicken w/ potatoes Turkey & Cheese Sandwich Sesame Chicken Salad</p>
<p><u>Oct 26</u> Spaghetti w/ meatballs & cheese Pasta Alfredo Dairy-free Spaghetti & Meatball Cheese Burger Turkey & Cheese Sandwich Chicken Caesar Salad</p>	<p><u>Oct 27</u> Chicken Enchilada Cheese Enchilada Dairy-free Beef Taco Chicken Teriyaki Turkey & Cheese Sandwich Southwest Chicken Salad</p>	<p><u>Oct 28</u> Sloppy Joe Vegetarian Riblettes w/ Yams Breakfast Sandwich Turkey & Cheese Sandwich Chicken Caesar Salad</p>	<p><u>Oct 29</u> Hot Dog Mac N Cheese Cheese Tortellini Turkey & Cheese Sandwich Southwest Chicken Salad</p>	<p><u>Oct 30</u> Smothered Chicken Burrito Bean, Cheese, Rice Burrito Beef, Bean, Rice Burrito Cheese Pizza Turkey & Cheese Sandwich Sesame Chicken Salad</p>

** Each lunch meal includes fresh fruit and artificial growth hormone-free milk**